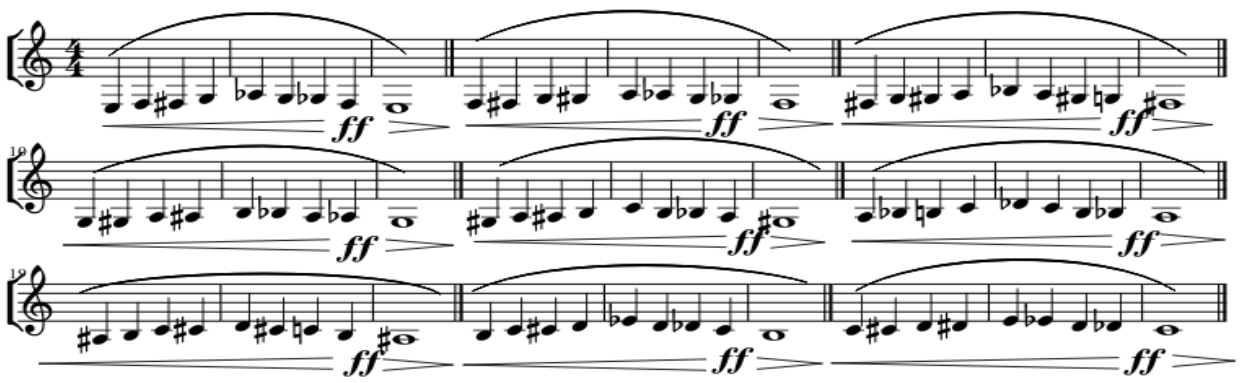Five Note Exercise